



# bistro chen

Chinese • Sushi • Seafood

## LUNCH

Tuesday - Friday  
11:00 am - 2:30 pm

## DIM SUM BRUNCH

Saturday & Sunday  
11:00 am - 2:30 pm

## DINNER

Weekdays & Sunday  
4:30 pm - 9:30 pm  
Friday & Saturday  
4:30 pm - 10:30 pm

Closed on Mondays

## Delivery

4 mile radius, \$3 delivery charge.  
\$25 minimum order.

# 847-255-9080

bistrochen.com  
10 East Miner Street  
Arlington Heights, IL 60004

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last updated: 11/17

### Spicy Vegetarian

Vegan and gluten free available upon request for some items. Please mention any food allergies when placing your order. We use white meat chicken in all of our entrées. Prices subject to change without notice. Some items may not be available.

# Lunch Menu

Available Tuesday - Friday 11:30am - 2:30pm

## Sushi Lunch Combos

<b>Sushi Lunch Combo</b>	11.95
One roll from the right with 5 pieces nigiri.	
<b>Pick Two</b>	9.95
Pick any two rolls from the right.	
<b>Pick Three</b>	12.95
Pick any three rolls from the right.	
<b>Sashimi/Maki Combo</b>	13.95
One roll from the right with 7 pieces sashimi.	

- Spicy Tuna
- Spicy Salmon
- Tuna Avocado
- California
- Philly
- Mexican
- AAC

## Kitchen Entrees \$6.75

Served with fried rice (brown rice +75¢)  
Add an egg roll for \$1.00  
Add a side salad for \$1.00

- Sweet & Sour Chicken
- Orange Chicken
- Beef or Chicken with Broccoli
- Mongolian Beef or Chicken
- Teriyaki Chicken (+\$1)
- Soy Glazed Salmon (+\$2)
- Shrimp & Veggie Tempura (+\$1)
- Shrimp with Garlic Sauce (+\$1)
- Mixed Vegetables & Tofu

## Sushi Bento \$8.75

Comes with 1 egg roll and house salad. Vegetable spring roll upon request.

- California Roll
- Spicy Tuna Roll
- Spicy Salmon Roll
- Philly Roll
- AAC Roll
- Nigiri 4pcs (+\$2)
- Sashimi 7pcs (+\$2)

### Choose One (1) Side Item

- Fried Rice (brown rice +75¢)
- 1/2 California Roll (+\$2)
- 1/2 Spicy Tuna Roll (+\$2)

## Signature Sushi Rolls

<b>Mermaid</b>	10.50
Crab mix, cream cheese and shrimp tempura, topped with salmon, avocado, and tempura crunch.	
<b>Tropical</b>	11.50
Shrimp, avocado and mango on top of lobster mix and cucumber.	
<b>Alaska</b>	12.50
Crab meat, avocado and cucumber topped with salmon.	
<b>Golden Dragon</b>	13.50
Salmon and cilantro with apples and cucumber topped with tuna, white tuna and mango.	
<b>Volcano</b>	9.50
Crab mix, asparagus and cream cheese, topped with spicy scallop mix, white tuna and melted mozzarella.	
<b>Alligator</b>	12.50
Soft shell crab, asparagus and crab mix, topped with tempura eel and spicy tuna.	
<b>Geisha</b>	12.50
Tuna, crab meat, asparagus and avocado wrapped with soy paper and drizzled with saffron aioli.	
<b>Black Dragon</b>	11.00
Snapper tempura with crab mix and asparagus, topped with seared tuna and avocado.	
<b>Aki</b> (pictured above)	10.50
Lightly fried salmon and cream cheese, topped with spicy tuna, crab mix and a sweet soy glaze.	

## Nigiri & Sashimi

	<b>Nigiri (1pc)</b>	<b>Sashimi (4pcs)</b>
Salmon	2.25	5.50
Tuna	2.50	6.50
Yellowtail	2.50	6.50
White Tuna	2.25	6.50
Scallop	3.75	7.00
Shrimp	2.00	N/A
Eel	2.50	N/A
<b>Nigiri Sampler</b> (4 pcs)	8.00	
<b>Sashimi Flight</b> (6 pcs)	9.50	

## Basic Sushi Rolls

<b>California</b>	5.50
<b>Spicy Salmon</b>	5.50
<b>Spicy Tuna</b>	5.50
<b>Philly</b>	6.00
Salmon, cream cheese and avocado	
<b>Tuna Avocado</b>	6.00
<b>Shrimp Tempura</b>	6.50
<b>Eel Cucumber or Eel Avocado</b>	6.00
<b>Spicy Scallop</b>	6.00
<b>Yellowtail Scallion</b>	5.00
<b>Tuna or Salmon Roll</b>	5.00
<b>AAC Roll</b>	4.50
Avocado, asparagus and cucumber	
<b>Cucumber, Avocado or Asparagus Roll</b>	4.00
<b>Sweet Potato Roll</b>	4.50
<b>Mexican Veggies</b>	5.00
Cilantro, spicy mixed vegetables and mango.	

## House Sushi Rolls

<b>Mexican</b>	6.50
Spicy yellowtail, avocado, cucumber and bell pepper	
<b>Cali King</b>	9.50
Crab, avocado and cucumber	
<b>Rainbow</b>	10.50
Assorted seafood over California roll	
<b>Dragon</b>	11.50
Eel and avocado over shrimp tempura roll	
<b>Spider</b>	8.50
Soft shell crab, avocado, cucumber and mixed greens	
<b>Caterpillar</b>	9.50
Eel tempura and cucumber topped with avocado	
<b>Red Dragon</b>	9.50
Spicy tuna over shrimp tempura roll	
<b>Tiger</b>	9.50
Eel tempura topped with shrimp and wasabi mayo	
<b>Tootsie</b>	8.50
Crab mix, shrimp and cream cheese	

## Sushi Entrées

<b>Sushi for One</b>	22.00
One basic roll under \$7 and 8 pieces nigiri	
<b>Nigiri Fourteen</b>	26.00
14 pieces chef's choice nigiri	
<b>Sashimi Twenty</b>	28.00
20 pieces chef's choice sashimi	
<b>Sushi Sashimi Combo</b>	25.00
One basic or house roll plus 4 pieces nigiri and 8 pieces sashimi	

# Signature Entrées

<b>Half-pound Salmon Dinner</b> (pickled chili style pictured below-left) Choose your style: Miso, Teriyaki or Pickled Chili. Comes with assorted vegetables and white rice.	16.95
<b>7-Spice Tuna (+\$5), Chicken or Shrimp</b> (7-spice tuna pictured below-right) Seared tuna, lightly battered chicken or shrimp tossed with Chinese 7-spice blend. Tuna add \$5.	13.95
<b>Volcano Chicken</b> White meat chicken and Chinese broccoli in a Sichuan red chili sauce.	14.95
<b>Black Pepper Steak</b> Pan grilled steak in a peppery oyster sauce.	16.95
<b>Chen's Sweet &amp; Sour Pork or Fish</b> Tender pork or fish fillet with pineapple in a delicious sweet and sour soy glaze.	14.95
<b>Crispy Sesame Beef</b> Crispy beef stir fried in a honey-garlic soy glaze.	14.95
<b>Curry Chicken, Shrimp &amp; Scallop</b> White meat chicken, shrimp and scallop in a savory curry coconut sauce, with a touch of spice.	16.95

## Appetizers

Egg Rolls (2 pcs)	3.50
Spring Rolls (2 pcs)	3.50
Shrimp Rolls (2 pcs)	3.50
Crab Rangoon (4 pcs)	4.50
Pork Pot Stickers (4 pcs)	4.50
Spinach Pot Stickers (6 pcs)	4.50
Sweet Potato Tempura	5.50
Shrimp & Veggie Tempura	7.50
Edamame	4.50
Chicken Skewer (2 pcs)	4.50
Beef Skewer (2 pcs)	5.50
Eggplant Stuffed Shrimp	4.50
Crispy Veggie Roll (2 pcs)	3.50
Shrimp Potsticker (4 pcs)	4.50

## Soups & Salads

Miso Soup	2.50
Egg Drop Soup	2.50
Wonton Soup	2.50
Hot and Sour Soup	2.50
Taiwan Beef Noodle Soup	12.00
Spicy beef stew with pickled bok choy and wheat noodles.	
Spicy Seafood Noodle Soup	13.00
Shrimp, calamari, mussel and vegetables with egg noodles in a spicy Korean broth.	
House Ginger Salad	4.50
Apple & Seaweed Salad	5.50
Avocado & Asparagus Salad	7.50
Tuna & Avocado Salad	10.50

## Sides

White Rice	1.50
Fried Rice	2.00
Brown Rice	2.00
Plain Lo Mein Noodles	5.00
Chow Fun Noodles	5.00
Pan Fried Noodles	5.00
Sichuan Spicy String bean	6.50
Steamed Chinese Broccoli	6.50
Garlic Bok Choy	6.50

## Kid's Menu

Sweet & Sour Chicken	6.00
Teriyaki Chicken	7.00
Chicken Lo Mein	7.00

## Fried Rice

(lunch portion \$1 less)

Vegetable	7.95
Roast Pork or Chicken	7.95
Beef or Shrimp	8.95
Combination	10.95
Yang Chow Fried Rice	10.95
With pork, shrimp and lettuce	
Chen's Fried Rice	10.95
With Chinese sausage, shrimp and chicken	
Pineapple Fried Rice	12.95
With scallop, shrimp and chicken.	

## Classic Entrées

Served with white rice. Fried or brown rice add \$1

Choose a different meat for any of the Chinese entrées below  
Vegetables or Tofu 9.95 • Pork or Chicken 10.95 • Beef 12.95 • Shrimp 13.95

<b>Mongolian Beef</b> With scallions and onions, in a sweet soy glaze.	12.95	
<b>Cashew Chicken</b> Stir fried with broccoli, celery, bell peppers and cashews.	10.95	
<b>Pork Chop Suey</b> Stir fried nappa cabbage, celery, onion, mushrooms, bean sprouts and carrots in a brown soy gravy.	10.95	
<b>Pork Egg Fu-Young</b> Three patties	10.95	
<b>Shrimp with Garlic Sauce</b> Sautéed with broccoli, bell peppers, carrots and mushrooms in a sweet and sour garlic sauce.	13.95	
<b>Kung Pao Chicken</b> Sautéed with scallions, celery, bell peppers, dried chili peppers and roasted peanuts.	10.95	
<b>Sichuan Spicy Beef with String Beans</b>	12.95	
<b>Hot Spicy Beef</b> Sautéed with onions in a spicy Sichuan red chili sauce.	12.95	
<b>Curry Chicken</b> White meat chicken with onions and carrots in a rich curry sauce.	10.95	
<b>Mushu Pork</b> Cabbage, carrots and onions stir-fried with a hoisin-plum sauce, in a totilla-like mushu wrap. Does not come with rice.	10.95	
<b>Tofu with Mixed Vegetables</b> Sautéed or steamed Chinese vegetables in a light garlic wine sauce.	10.95	
	<b>HALF</b>	<b>FULL</b>
<b>Mapao Tofu with Pork</b>	7.50	11.95
<b>Teriyaki Chicken</b>	7.50	12.95
<b>Sweet &amp; Sour Chicken</b>	7.00	10.95
<b>Orange Chicken</b>	7.50	12.95
<b>General Tso's Chicken</b>	7.50	12.95
<b>Sesame Chicken</b>	7.50	12.95
<b>Chicken with Broccoli</b>	7.50	10.95

## Stir-Fried Noodles

Tofu or Vegetables 8.95 • Pork or Chicken 9.95 • Shrimp or Beef 10.95 • Combination 11.95  
lunch portion \$1 less

<b>Lo Mein</b> Chinese egg noodles with vegetables.	<b>Seafood Chow Mein</b> Shrimp, scallops, crab stick, calamari and mixed vegetables stir-fried over thin crispy wheat noodles.	12.95
<b>Chow Mein (pan-fried noodles)</b> Thin Chinese wheat noodles with vegetables.	<b>House Mixed Noodles</b> (pictured below) Stir-fried beef, chicken, shrimp and fresh vegetables with Korean wheat noodles in a classic brown sauce.	11.95
<b>Pad Thai</b> Flat rice noodles with vegetables, egg and crushed peanuts.	<b>Singapore Mein Fun</b> Rice noodles with shrimp and pork tossed with a fragrant yellow curry.	11.95
<b>Mein Fun</b> Thin Chinese rice noodle with vegetables and egg.		
<b>Udon</b> Thick Japanese wheat noodles with vegetables.		
<b>Chow Fun</b> Wide flat rice noodles with vegetables.		