

## Classic Entrées (Half and Full options)

Served with white rice. Brown or fried rice add \$1.50

	Half	Full
Teriyaki Chicken	9.50	13.95
Sweet & Sour Chicken	9.50	12.95
Orange Chicken	9.50	13.95
General Tso's Chicken	9.50	13.95
Sesame Chicken	9.50	13.95
Chicken with Broccoli	9.50	12.95
Kung Pao Chicken	9.50	12.95
Beef Broccoli	9.50	14.95
Curry Chicken	9.50	12.95
Shrimp Garlic Sauce	9.50	14.95
Shrimp Lobster Sauce	9.50	14.95
Pepper Steak Add tomato for \$1.50	9.50	14.95
Tofu Mixed Veggies	9.50	10.95
Pork Chop Suey	9.50	12.95



## All-You-Can-Eat\* (Sushi & Chinese Tapas)

Menu includes fresh nigiri sushi, maki sushi, traditional chinese dishes, appetizers and dessert  
DINE-IN ONLY

Available Tue, Wed, Thu from 4:30pm - 8:30pm  
and Saturday 11am - 2pm

**\$28** All-You-Can-Eat

**\$38** All-You-Can-Eat and Drink

Fresh Sushi • Small portion Chinese dishes made-to-order  
\*2 Hours Limited Time for All You Can Eat & Drink  
Other rules apply. Price is per person.  
Discount coupon not valid for All-You-Can-Eat

## Sides & Misc

White Rice	2.00	Steamed or Stir-Fried Chinese Broccoli	7.50
Fried Rice	2.50	Sichuan Spicy String Beans	7.50
Brown Rice	2.50	Garlic Bok Choy	7.50
Plain Lo Mein Noodles	5.50	Steamed Mixed Veggies	7.50
Stir-fried Chow Mein	6.50	Add Veggies or Tofu	2.50
Pan Fried Noodles	6.00	Add Pork or Chicken	3.50
		Add Shrimp or Beef	5.50

## Catering Menu

### Appetizer Trays

Crab Rangoon Tray (30 pcs)	33.00	Pot Sticker Tray (30 pcs)	33.00
Mixed Egg Rolls Tray (20 pcs)	36.00		

### Hot Food Trays

Mongolian Chicken	55.00	Beef	65.00
Mixed veggies with Tofu	55.00	Chicken	55.00
		Beef	60.00
Kung Pao Tofu	55.00	Chicken	55.00
		Beef	60.00
Tofu Buddha Feast	55.00	Orange Chicken	65.00
Sichuan String Beans	50.00	Sesame Beef	75.00
General Tso's Chicken	65.00	Seafood Delight	65.00

### Fried Rice

Chen's Fried Rice	60.00	Yang Chow Fried Rice	60.00
White Rice	20.00	Comb Fried Rice	60.00
Veggies/Tofu	48.00	Pork/Chicken	50.00
		Shrimp/Beef	55.00

### Noodles

\*Lo Mein (Chinese classic egg noodle) • Mei Fun (Angel hair like rice noodle)  
Chow Fun (Wide flat rice noodle) • Udon (Japanese wheat noodle)

Lo Mein • Chow Mein • Mei Fun • Chow Fun • Udon

Veggies/Tofu	Pork/Chicken	Shrimp/Combo
48.00	52.00	55.00

### Sushi Tray

Basic Rolls Tray (40 pcs)	40.00	Nigiri & Maki Tray (20 pcs Nigiri + 40 pcs Maki)	85.00
Signature Rolls Tray (48 pcs)	65.00	Sushi-Sashimi Tray (15 pcs Nigiri + 20 pcs sashimi + 30 pcs Maki)	95.00
Nigiri Tray (30 pcs)	70.00		
Sashimi Tray (40 pcs)	70.00		

We Cater All Occasions!  
We Deliver!

See the menu on our Website!



PARTY CATER

OUTDOOR PATIO FOR YOUR PRIVATE EVENT



CHICKEN TERIYAKI



BLACK PEPPER STEAK



SEAFOOD CHOWMEIN



BEEF CHINESE BROCCOLI



SWEET & SOUR PORK



NIGIRI-MAKI TRAY



SUSHI-SASHIMI TRAY

CASUAL DINE IN • CARRY OUT • FAST DELIVERY

bistro 陳 Chen  
Chinese • Japanese • Sushi • Drink

10 East Miner Street • Arlington Heights  
(Just North of NW Hwy)

**847-255-9080**

ALL-YOU-CAN-EAT Sushi & Chinese

Tue-Thur 4:30-8:30, Sat 11:30-2:30  
Other rules may apply

DELIVERY ZONE 4 MILES • OUTDOOR PATIO • FULL BAR  
CATERING/PARTY ROOM (ON-SITE/OFF-SITE)

### HOURS

Tuesday ~ Thursday: 11am-2:30pm / 4pm-9:00pm  
Friday ~ Saturday: 11am-2:30pm / 4pm-10:00pm  
Sunday: 11am-2:30pm / 4pm-9pm  
Monday: CLOSED

(Last food order 15 min. before close of business hour)

Scan the QR code for  
online ordering or go to  
bistrochen.com/order-online



Order online

**www.bistrochen.com**

(Prices may vary when using third-party service apps)

WILD-CAUGHT FISH • ALL WHITE CHICKEN MEAT • GRASS-FED LEAN CUT BEEF  
EVERYTHING MADE TO ORDER • GLUTEN-FREE OPTIONS AVAILABLE





## Appetizers

Egg Rolls	(2 pcs)	4.50
Spring Rolls	(2 pcs)	4.50
Shrimp Rolls	(2 pcs)	4.50
Crab Rangoon	(5 pcs)	6.50
Pork Pot Stickers	(5 pcs)	6.50
Shrimp Pot Stickers	(5 pcs)	6.50
Spinach Pot Stickers	(5 pcs)	6.50

## Soup & Salads

Miso Soup	3.50
Egg Drop Soup	3.50
Wonton Soup	3.50
Hot & Sour Soup	3.50
Spicy Seafood Noodle Soup	14.50
<i>Shrimp, calamari, scallop and vegetables with wheat noodles in a spicy broth</i>	

## Nigiri & Sashimi

	NIGIRI (1 Pc)	SASHIMI (4 Pcs)
Salmon	3.50	9.50
Tuna	3.50	9.50
Yellowtail	3.50	9.50
White Tuna	3.50	9.50
Scallops	4.75	10.00
Shrimp	2.50	N/A
Eel	3.50	9.00

## Basic Sushi Rolls

California	6.50
Spicy Salmon	7.50
Spicy Tuna	7.50
Philly	7.50
<i>Salmon cream cheese and avocado</i>	
Tuna or Salmon Avocado	7.50
Shrimp Tempura	7.50
Eel Cucumber or Eel Avocado	7.50

## Sushi Entrées

Sushi for One	24.00
<i>One basic roll under \$7 and 8 pieces nigiri</i>	
Nigiri Fourteen	32.00
<i>14 pieces, chef's choice nigiri sushi</i>	
Sashimi Twenty	32.00
<i>20 pieces chef's choice sashimi</i>	
Sushi-Sashimi Combo	28.00
<i>One basic or house roll plus 4 pieces nigiri and 8 pieces sashimi</i>	

Edamame	5.50
Chicken Skewers	5.50
Beef Skewers	6.50
Sweet Potato Tempura	6.50
Shrimp & Veggie Tempura	9.50
Spicy Chicken Wings	8.50
Chicken Wings	8.50



House Ginger Salad	5.50
Apple & Seaweed Salad	6.50
Avocado & Asparagus Salad	8.50
Tuna & Avocado Salad	12.00
Honey Walnut Shrimp Salad	9.50



Spicy Scallop	8.50
Yellowtail Scallion	6.00
Tuna or Salmon Roll	6.00
AAC Roll	6.00
<i>Avocado, asparagus and cucumber</i>	
Cucumber, Avocado or Asparagus Roll	5.00
Sweet Potato Roll	6.00
Mexican Veggies	6.00
<i>Cilantro, spicy mix veggies and mango</i>	



## Signature Sushi Rolls

Mermaid	13.50
<i>Crab mix, cream cheese and shrimp tempura, topped with salmon, avocado, and tempura crunch</i>	
Tropical	13.50
<i>Shrimp, avocado and mango on top of lobster mix and cucumber</i>	
Alaska	14.50
<i>Crab meat, avocado and cucumber topped with salmon</i>	
Golden Dragon	14.50
<i>Salmon and cilantro with apples and cucumber topped with tuna, white tuna and mango</i>	
Volcano	12.50
<i>Crab mix, asparagus and cream cheese, topped with spicy scallops mix, white tuna and melted mozzarella</i>	
Alligator	13.50
<i>Soft shell crab, asparagus and crab mix, topped with tempura eel and spicy tuna</i>	
Geisha	14.50
<i>Tuna, crab meat, asparagus and avocado wrapped with soy paper and drizzled with saffron aioli</i>	
Black Dragon	13.50
<i>White tuna tempura with crab mix and asparagus, topped with seared tuna and avocado</i>	
Aki	13.50
<i>Lightly fried salmon and cream cheese, topped with spicy tuna, crab mix and a sweet soy glaze</i>	
Surf and Turf Roll	13.50
<i>Seared tuna on top of tiny lobster mix and asparagus, drizzled with chili ponzu sauce.</i>	
Sunset Roll	13.50
<i>Miso drizzled white tuna, salmon, avocado, on top of spicy yellowtail and apple</i>	

## House Sushi Rolls

Mexican	7.50
<i>Spicy yellowtail, avocado, cucumber and bell pepper</i>	
Cali King	11.50
<i>Crab, avocado and cucumber</i>	
Rainbow	12.50
<i>Assorted seafood over California roll</i>	
Dragon	13.50
<i>Eel and avocado over shrimp tempura roll</i>	
Spider	9.50
<i>Soft shell crab, avocado, cucumber and mixed greens</i>	
Caterpillar	12.50
<i>Eel tempura and cucumber topped with avocado</i>	
Red Dragon	11.50
<i>Spicy tuna over shrimp tempura roll</i>	
Tiger	12.50
<i>Eel tempura topped with shrimp and wasabi mayo</i>	
Tootsie	9.50
<i>Crab mix, shrimp and cream cheese</i>	



## Signature Entrées

Miso/Teriyaki Style Salmon	17.95
<i>Boz sashimi, quality salmon cooked to perfection</i>	
Fish Fillet with Mixed Seasonal Veggies	14.95
<i>White fish fillet with mixed veggies in white wine garlic sauce</i>	
Volcano Chicken	14.95
<i>White meat chicken, Chinese broccoli, bell pepper and onion in a Sichuan red chili sauce</i>	
Black Pepper New York Steak	17.95
<i>Pan-grilled steak in a peppery oyster sauce</i>	
Chen's Sweet & Sour Pork or Fish	14.95
<i>Tender pork or fish fillet with pineapple in a delicious, sweet and sour soy glaze</i>	
Crispy Sesame Beef	16.95
<i>Crispy beef stir-fried in a honey-garlic soy glaze</i>	
Curry Chicken, Shrimp & Scallops	17.95
<i>White meat chicken, shrimp and scallops in a savory curry coconut sauce with a touch of spice</i>	
Ma Pao Tofu With Pork	12.95
Ma Pao Tofu With Beef	15.95
Eggplant with Shrimp in Basil Garlic Sauce	15.95
Hong Shao Pork Belly	15.95
<i>Slowly braised pork belly with tofu in soy and wine</i>	
Double Cooked Pork Belly	15.95
<i>Pork Belly sautéed with cabbage, bell pepper, onion with spicy Sichuan sauce</i>	
Subgum Delight	15.95
<i>(Beef, Shrimp &amp; Chicken)</i>	



### Stir-Fried Noodles

Tofu or Vegetables	10.95	Shrimp or Beef	12.95
Pork or Chicken	11.95	Combination	12.95

*Pick your noodle*

Lo Mein	<i>Chinese egg noodles with vegetables</i>	Chow Fun	<i>Wide flat rice noodle with vegetables</i>
Chow Mein	<i>Pan-fried noodles. Thin Chinese wheat noodles with vegetables</i>	Pad Thai	<i>Flat rice noodles with vegetables, egg and crushed peanuts</i>
Udon	<i>Thick Japanese wheat noodles with vegetables</i>	Mei Fun	<i>Thin Chinese rice noodles with vegetables and egg</i>

House Mixed Noodles	12.95	Singapore Mei Fun	12.95
<i>Stir-fried beef, chicken, shrimp and fresh vegetables with Udon noodles in a classic brown sauce</i>		<i>Rice noodles with shrimp and pork tossed with fragrant yellow curry</i>	
Seafood Chow Mein	13.95	Xiamen Mei Fun	13.95
<i>Shrimp, scallops, crab stick, calamari and mixed vegetables stir-fried over thin crispy wheat noodles</i>		<i>Sweet and sour tasty rice noodles with shrimp, pork and veggies</i>	

## Fried Rice

Vegetables	9.95	Yang Chow Fried Rice	12.95
Roast Pork or Chicken	10.95	<i>With pork, shrimp and lettuce</i>	
Shrimp or Beef	12.95	Chen's Fried Rice	12.95
Combination	12.95	<i>With Chinese sausage, shrimp and chicken</i>	
<i>Pork, chicken, beef and shrimp</i>		Pineapple Fried Rice	13.95
		<i>With scallops, shrimp and chicken</i>	

## Classic Entrées

Served with white rice. For fried or brown rice add \$1.50

Choice of: Veggies/Tofu 10.95 | Pork or Chicken 12.95 | Beef 14.95 | Shrimp 14.95

Mongolian

With scallions and onions in a sweet soy glaze

Chicken12.95

Beef15.95

Shrimp14.95

Cashew

Stir-fried with broccoli, celery, carrots, bell peppers and cashews

Tofu ✓10.95

Chicken12.95

Beef14.95

Shrimp14.95

Chop Suey

Stir-fried napa cabbage, celery, onions, mushrooms, bean sprouts, water chesnuts and carrots in a brown soy gravy

Pork12.95

Chicken12.95

Beef14.95

Shrimp14.95

Egg Fu-Young 3 patties

Egg, bean sprouts

Veggies ✓10.95

Pork or Chicken12.95

Beef14.95

Shrimp14.95

Curry

Onions, carrot, broccoli, bell pepper, water chesnut in a rich curry sauce

Tofu ✓10.95

Chicken12.95

Shrimp14.95

Broccoli

Sautéed with broccoli and carrots

Tofu ✓10.95

Chicken or Pork12.95

Beef14.95

Shrimp14.95

Teriyaki

Onions, carrot, broccoli, mushroom, bell pepper, celery

Chicken13.95

Steak or Shrimp17.95

Sichuan Spicy String Beans

Onions, bell pepper, jalapeno, chinese pickle veggie

Pork12.95

Chicken12.95

Beef14.95

Shrimp14.95

Garlic Sauce

Sautéed with broccoli, bell peppers, carrots, mushrooms, water chesnut, chili pepper in a sweet, sour garlic sauce

Tofu ✓10.95

Chicken12.95

Beef14.95

Shrimp14.95

Kung Pao

Sautéed with scallions, celery, bell peppers, carrots, dried chili peppers and roasted peanuts

Tofu ✓10.95

Pork or Chicken12.95

Beef14.95

Shrimp14.95

Hot Spicy

Sautéed with shredded onions, shredded bell pepper in a Siracha chili sauce

Tofu ✓10.95

Chicken12.95

Beef14.95

Shrimp14.95

Mushu

Cabbage, carrots and onions stir-fried with a hoisin-plum sauce, in a tortilla-like mushu wrap, does not come with rice

Tofu ✓10.95

Pork or Chicken12.95

Shrimp14.95

Mixed Vegetables

Sautéed or steamed mixed vegetables in a light garlic wine sauce

Tofu ✓10.95

Chicken12.95

Beef14.95

Shrimp14.95

Sweet & Sour

Chicken12.95

<b>Sichuan Spicy String Beans</b>	
<i>Onions, bell pepper, jalapeno, chinese pickle veggie</i>	
Pork	12.95
Chicken	12.95
Beef	14.95
Shrimp	14.95

<b>Garlic Sauce</b>	
<i>Sautéed with broccoli, bell peppers, carrots, mushrooms, water chesnut, chili pepper in a sweet, sour garlic sauce</i>	
Tofu	10.95
Chicken	12.95
Beef	14.95
Shrimp	14.95

<b>Kung Pao</b>	
<i>Sautéed with scallions, celery, bell peppers, carrots, dried chili peppers and roasted peanuts</i>	
Tofu	10.95
Pork or Chicken	12.95
Beef	14.95
Shrimp	14.95

<b>Hot Spicy</b>	
<i>Sautéed with shredded onions, shredded bell pepper in a Siracha chili sauce</i>	
Tofu	10.95
Chicken	12.95
Beef	14.95
Shrimp	14.95

<b>Mushu</b>	
<i>Cabbage, carrots and onions stir-fried with a hoisin-plum sauce, in a tortilla-like mushu wrap; does not come with rice</i>	
Tofu	10.95
Pork or Chicken	12.95
Shrimp	14.95

<b>Mixed Vegetables</b>	
<i>Sautéed or steamed mixed vegetables in a light garlic wine sauce</i>	
Tofu	10.95
Chicken	12.95
Beef	14.95
Shrimp	14.95

<b>Sweet &amp; Sour</b>	
Chicken	12.95